

WOMEN'S ICE HOCKEY ORGANIZATION



2023 WIHO OPEN DAY



ALL AGES
ALL LEVELS

FREE
ON ICE
SKATING

CALLING ALL FEMALES

JOIN US!
COME & SKATE!
HAVE FUN!

WEDNESDAY
4 OCT 2023
MEGABOX L10
MEGAICE
8:30PM - 9:30PM
(REGISTRATION STARTS AT 7:00PM)
For More Info - contact Kevin Leung by phone/
WhatsApp +8522.9199.3711 /
icehockeyasia@gmail.com with subject as
'2023 WIHO OPEN DAY'

LIMITED REGISTRATION
FIRST COME FIRST SERVE

HOCKEY WITH HEART

Organized by: Supported by:



FREE SKATING
SIGN UP NOW!

<https://bit.ly/3LaYzMJ>



www.icehockey.com.hk

REGISTER BY 5:00 P.M. ON MONDAY, 2ND OCTOBER 2023



2023 WIHO OPEN DAY

WEDNESDAY, 4 OCTOBER 2023



ALL AGES & ALL LEVELS
ARE WELCOMED!

WOMEN'S ICE HOCKEY

WIHO OPEN DAY is an event to promote female ice hockey in Hong Kong. Whether or not you know how to skate or play ice hockey, **WIHO OPEN DAY** is a chance for you to get onto the ice for some fun. This event is for females of all ages to try out ice hockey as a new sport. Experienced female skaters / ice hockey players are also welcomed to join. Women's ice hockey is one of the fastest growing sports in the world and this is an opportunity for girls/females in Hong Kong to join in the fun and to learn about ice hockey.

We cordially invite you to join this year's **2023 WIHO OPEN DAY**. Bring your friends, family, colleagues, daughters, and children's friends to try ice hockey. Coaches and players from WIHO Training and Development Program together with players from Hong Kong Women's Ice Hockey League will help on the ice.

INFORMATION

One hour free on-ice skating for all ages & all levels followed by an opportunity to watch how ice hockey is played. Players from our WIHO Training & Development program shall play in an exhibition – cross ice games.

7:00 p.m. – 8:30 p.m. – REGISTRATION
8:30 p.m. – 9:30 p.m. – ON ICE SKATING
9:30 p.m. – 10:00 p.m. – EXHIBITION - CROSS ICE GAMES

WHAT TO BRING?

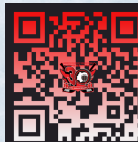
- Exercise clothing
- Own hockey gear (if any)
- Gloves
- Helmet of any kind
- Elbow & Knee pads
- Hockey / Figure skates



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